

WHOOPSADAISY END OF YEAR NEWSLETTER 2024



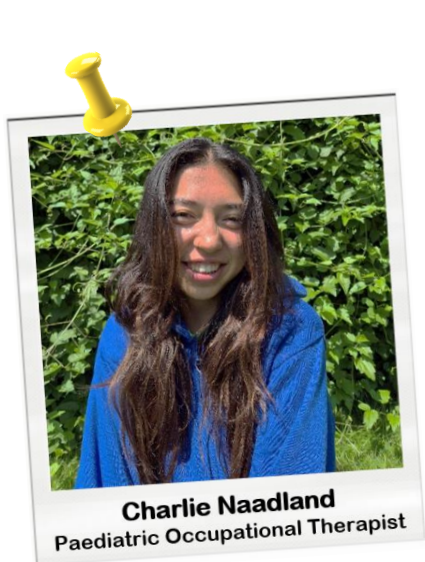
After another busy and successful year of supporting nearly 70 children and their families, we celebrated lots of achievements while welcoming many new children and families. We welcomed **Charlie**, our new Paediatric Occupational Therapist, and **Freddie**, who has joined our team of trustees. Of course, we cannot forget our incredible team of volunteers that help us run sessions.

With Charlie joining the team, our service has now expanded to provide a unique approach of Conductive Education and Occupational Therapy. This has helped us to continue building on children's skills and abilities to help them reach their full potential.

Whoopsadaisy Warriors!

In April, we ran a coffee morning alongside the Mini Mile event in Preston Park. A team of our Whoopsadaisy children – ‘Whoopsadaisy Warriors’ – conquered the Mini Mile challenge, raising a whopping **£5,069.96!**

Our latest coffee morning in October was also a success, raising £352!



Alongside a fantastic Summer party, **Summer holiday club** was another success, and children had a fantastic time creating arts & crafts, tie dying, ice lolly making and water bomb fighting as well as making new friends!

Plans for next year include inclusive holiday sessions welcoming siblings and bridging the long summer break for under-5s.



Paralympics 2024

In line with the Paris 2024 games, we had an inspiring topic: **‘Beyond Limits, Exploring the Paralympics’**. Children had a fantastic time learning about different Paralympians and inclusivity of sport. In sessions, children tried a range of sports - table tennis, badminton, and bowls.

Service Highlights

Under-5s: Creativity and Growth

This year, our youngest learners explored topics like ‘*Step into Your Imagination*’ using Conductive Education techniques, storytelling, and rhythm-based activities. These sessions have helped children develop motor skills and discover the joy of learning through play. We started with 28 children, welcomed 9 more, and are excited for 2 new children joining us in January 2025.



5–12 years: Teamwork and Discovery

Our ‘*Beyond Limits, Exploring the Paralympics*’ theme inspired this age group, fostering teamwork and personal growth in small groups of 3-6 children. Starting with 25 children, we welcomed 3 new members during the year. Children eagerly set their own individual goals, working towards them with enthusiasm and determination.

Individual Progress

Every child received a personalised progress summary over the summer, reflecting their phenomenal achievements despite challenges like hospital surgeries.



Teens (12+): Independence and Connection

Our teens’ programme continues to thrive, providing a space for social connection and skill-building outside of home and school. From cinema trips to bowling and a visit to London’s Frameless Exhibition, teens embraced every opportunity to explore and connect. We’ve worked closely with families to plan for transitions like starting college, ensuring teens feel supported every step of the way.

Notably, the 12+ group have set the stage for more teen-focused initiatives for 2025. Looking ahead, we’re planning more half-term outings to encourage independence and expand horizons.



Fundraising: Powered by Our Community

A heartfelt **thank you** to all the parents, community members and corporate supporters who have championed our fundraising efforts. Your generosity enables us to continue providing vital services.

Alongside our regular supporters and generous donations from parents, we've had runners completing marathons, swimmers, and schools & colleges putting on fundraising events for us.

Next year we already have lots of exciting events in the diary. If you would like to join in with the fun, give Caroline a call on 01273 554178, or visit our website www.whoopsadaisy.org - thank you! 😊



Support from Charitable trusts

We are very grateful to all the wonderful charitable trusts and foundations who have made generous grants to help us run our services this year.

These include long-term supporters such as Sussex Community Foundation, Barbara Ward Children's Foundation, Brighton District Nursing Association Trust, the Childwick Trust, Wellesley Charitable Foundation, Ernest Kleinwort Charitable Trust, the Community Trust of the Blessed Virgin Mary, John Horniman's Children's Trust, Garfield Weston Foundation and National Lottery Awards 4 All. We also welcomed some new trust supporters such as the Orr Mackintosh Foundation - Sharegift and the Dervia Foundation.

Building Connections and Networks

This year, we focused on strengthening ties with similar organizations, from visiting **The Rainbow Centre** and **Noah's Ark** to participating in international exchanges as far as **Norway**. We've shared insights, learned from others, and laid the groundwork for future collaborations.

Looking Ahead: 2025 and Beyond

As we reflect on 2024, we are filled with gratitude and excitement for the future. Next year, we'll continue to build on this year's progress, expand our services, and create even more opportunities for children to learn, grow, and thrive.

Please take a note of the upcoming events just in case you wish to participate. Or if you have any other fundraising ideas, please contact us. We are always looking for new ways to raise funds.

Thank You

A heartfelt thank you to our amazing families, dedicated volunteers, generous supporters, and hardworking team and trustees. Together, we've made 2024 a success, and we can't wait to see what we'll achieve in 2025.

Warmest wishes,
The Whoopsadaisy Team



whoopsadaisy[®]
every step counts

Charity number: 1083024

Upcoming Whoopsadaisy events:

- Von Krapps Choir – Sunday 1st December
- Christmas party – Saturday 7th December
- We Bop Choir – Sunday 8th December

For regular updates follow [@whoopsadaisybrighton](https://www.instagram.com/whoopsadaisybrighton) on Instagram